

Event 101
10 OCT 2025 - 18:02

Women's 400m Freestyle

Results Summary

Event Number 1

	Record	Splits	Name	NAT Code	Location	Date
WR	3:50.25	55.14 1:53.53 2:51.94	McINTOSH Summer	CAN	Budapest (HUN)	10 DEC 2024
WC	3:52.80	56.47 1:55.04 2:54.16	McINTOSH Summer	CAN	Toronto (CAN)	28 OCT 2022

Rank	Heat	Lane	Name	NAT Code	Date of Birth	R.T.	Time	AQUA Points
1	3	4	PALLISTER Lani	AUS	6 JUN 2002	0.69	3:54.38	948
			25m 12.65 50m 26.92 75m 41.28 100m 55.86 125m 1:10.35 150m 1:24.99 175m 1:39.62 200m 1:54.36				14.27 14.36 14.64 14.63 14.74	
			225m 2:09.21 250m 2:24.25 275m 2:39.25 300m 2:54.36 325m 3:09.57 350m 3:24.75 375m 3:39.94				15.19 15.18 15.19 14.44	
			14.85 15.04 15.04 15.00 15.11 15.21 15.18 15.18					
2	3	3	FAIRWEATHER Erika	NZL	31 DEC 2003	0.75	3:58.83	896
			25m 12.97 50m 27.38 75m 42.07 100m 56.84 125m 1:11.74 150m 1:26.71 175m 1:41.95 200m 1:57.01				14.41 14.69 15.24 15.06	
			225m 2:12.05 250m 2:27.37 275m 2:42.61 300m 2:57.95 325m 3:13.32 350m 3:28.80 375m 3:44.13				15.33 14.70 15.33 14.70	
			15.04 15.32 15.24 15.34 15.37 15.48 15.48 15.33					
3	3	7	DEANS Caitlin	NZL	5 DEC 1999	0.77	4:00.93	872
			25m 13.36 50m 28.01 75m 43.00 100m 58.02 125m 1:13.20 150m 1:28.45 175m 1:43.76 200m 1:59.15				14.65 14.99 15.02 15.18 15.25 15.31 15.39	
			225m 2:14.43 250m 2:29.88 275m 2:45.21 300m 3:00.57 325m 3:15.89 350m 3:31.17 375m 3:46.38				15.28 15.45 15.33 14.55 15.21 15.28 15.21 14.55	
			15.28 15.45 15.33 15.36 15.32 15.32 15.28 15.28					
4	3	1	PEPLOWSKI Anna	CLB	25 SEP 2002	0.73	4:01.03	871
			25m 12.52 50m 26.39 75m 40.75 100m 55.55 125m 1:10.47 150m 1:25.74 175m 1:41.03 200m 1:56.43				13.87 14.36 14.80 14.92 15.27 15.29 15.40	
			225m 2:11.93 250m 2:27.58 275m 2:43.18 300m 2:58.94 325m 3:14.54 350m 3:30.21 375m 3:45.77				15.50 15.65 15.60 15.76 15.60 15.67 15.56 15.26	
			15.50 15.65 15.60 15.76 15.60 15.67 15.56 15.26					
5	3	5	HARVEY Mary-Sophie	CAN	11 AUG 1999	0.69	4:01.09	871
			25m 13.21 50m 28.03 75m 43.22 100m 58.49 125m 1:13.81 150m 1:29.05 175m 1:44.42 200m 1:59.90				14.82 15.19 15.27 15.32 15.24 15.37 15.48	
			225m 2:15.15 250m 2:30.43 275m 2:45.67 300m 3:00.91 325m 3:16.18 350m 3:31.41 375m 3:46.70				15.25 15.28 15.24 15.24 15.23 15.23 15.29 14.39	
			15.25 15.28 15.24 15.24 15.23 15.23 15.29 14.39					
6	3	6	COLBERT Freya	GBR	8 MAR 2004	0.68	4:03.54	845
			25m 13.01 50m 27.66 75m 42.61 100m 57.87 125m 1:13.00 150m 1:28.19 175m 1:43.71 200m 1:59.27				14.65 14.95 15.26 15.13 15.19 15.52 15.56	
			225m 2:14.69 250m 2:30.08 275m 2:45.72 300m 3:01.32 325m 3:16.79 350m 3:32.50 375m 3:48.15				15.42 15.39 15.64 15.60 15.47 15.71 15.65 15.39	
			15.42 15.39 15.64 15.60 15.47 15.71 15.65 15.39					
7	3	8	NIKANOROV Mila	CLB	17 DEC 2005	0.72	4:07.72	803
			25m 13.92 50m 28.90 75m 44.16 100m 59.49 125m 1:15.02 150m 1:30.60 175m 1:46.52 200m 2:02.10				14.98 15.26 15.33 15.53 15.58 15.92 15.58	
			225m 2:17.63 250m 2:33.53 275m 2:49.41 300m 3:05.39 325m 3:21.19 350m 3:36.86 375m 3:52.63				15.53 15.90 15.88 15.98 15.80 15.67 15.77 15.09	
			15.53 15.90 15.88 15.98 15.80 15.67 15.77 15.09					
8	3	2	WALKER Molly Anne	AUS	6 JUL 2005	0.79	4:09.93	781
			25m 13.26 50m 27.71 75m 42.75 100m 58.16 125m 1:13.92 150m 1:29.75 175m 1:45.57 200m 2:01.46				14.45 15.04 15.41 15.76 15.83 15.82 15.89	
			225m 2:17.54 250m 2:33.58 275m 2:49.73 300m 3:05.89 325m 3:22.03 350m 3:38.45 375m 3:54.60				16.08 16.04 16.15 16.16 16.14 16.42 16.15 15.33	
			16.08 16.04 16.15 16.16 16.14 16.42 16.15 15.33					
9	2	3	DOWNEY Paige	CLB	24 JUL 2008	0.69	4:11.47	767
			25m 13.90 50m 29.33 75m 45.00 100m 1:00.75 125m 1:16.65 150m 1:32.38 175m 1:48.34 200m 2:04.29				15.43 15.67 15.96 15.96 15.96 15.96 15.96 15.95	
			225m 2:20.15 250m 2:36.05 275m 2:52.00 300m 3:08.00 325m 3:23.94 350m 3:40.08 375m 3:56.04				15.86 15.90 15.95 16.00 15.94 16.14 15.96 15.43	
			15.86 15.90 15.95 16.00 15.94 16.14 15.96 15.43					
10	2	6	CARLSON Abby	CLB	1 AUG 2003	0.67	4:12.35	759
			25m 14.35 50m 29.94 75m 45.79 100m 1:01.86 125m 1:18.00 150m 1:34.17 175m 1:50.21 200m 2:06.03				15.59 15.85 16.07 16.14 16.17 16.04 16.04 15.82	
			225m 2:21.89 250m 2:37.73 275m 2:53.25 300m 3:08.88 325m 3:24.62 350m 3:40.45 375m 3:56.52				15.86 15.84 15.52 15.63 15.74 15.83 16.07 15.83	
			15.86 15.84 15.52 15.63 15.74 15.83 16.07 15.83					
11	2	4	SIEGEL Alexandra	CLB	16 MAR 2010	0.80	4:14.42	741
			25m 13.91 50m 29.29 75m 44.79 100m 1:00.64 125m 1:16.68 150m 1:32.88 175m 1:48.95 200m 2:05.05				15.38 15.50 16.07 16.04 16.20 16.07 16.10 16.10	
			225m 2:21.15 250m 2:37.43 275m 2:53.59 300m 3:10.04 325m 3:26.39 350m 3:42.86 375m 3:59.00				16.10 16.28 16.16 16.45 16.35 16.47 16.14 15.42	
			16.10 16.28 16.16 16.45 16.35 16.47 16.14 15.42					

Official Timekeeping by Omega

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Event Number 1

Rank	Heat	Lane	Name	NAT Code	Date of Birth	R.T.	Time	AQUA Points
12	2	1	HERFEL Clare	CLB	24 FEB 2010	0.78	4:16.82	720
			25m 14.56				50m 30.14	
							75m 46.04	
							100m 1:02.10	
							125m 1:18.37	
							150m 1:34.42	
							175m 1:50.73	
							200m 2:06.95	
							225m 2:23.28	
							250m 2:39.60	
							275m 2:55.98	
							300m 3:12.21	
							325m 3:28.65	
							350m 3:45.11	
							375m 4:01.30	
							16.19	15.52
13	2	2	KAYSER Ellie	CLB	9 FEB 2008	0.70	4:17.50	714
			25m 14.17				50m 29.75	
							75m 45.74	
							100m 1:01.69	
							125m 1:18.10	
							150m 1:34.47	
							175m 1:50.82	
							200m 2:07.13	
							225m 2:23.53	
							250m 2:39.87	
							275m 2:56.39	
							300m 3:12.69	
							325m 3:29.25	
							350m 3:45.44	
							375m 4:01.82	
							16.19	15.68
14	1	3	METZGER Ava	CLB	31 OCT 2007	0.74	4:18.63	705
			25m 13.90				50m 29.31	
							75m 45.22	
							100m 1:01.08	
							125m 1:17.33	
							150m 1:33.69	
							175m 1:50.22	
							200m 2:06.61	
							225m 2:23.01	
							250m 2:39.33	
							275m 2:55.99	
							300m 3:12.44	
							325m 3:29.24	
							350m 3:45.88	
							375m 4:02.69	
							16.81	15.94
15	2	7	CHEVALIER Jane	CLB	22 MAY 2010	0.73	4:18.77	704
			25m 14.17				50m 30.01	
							75m 46.19	
							100m 1:02.43	
							125m 1:18.73	
							150m 1:35.09	
							175m 1:51.54	
							200m 2:08.16	
							225m 2:24.69	
							250m 2:41.34	
							275m 2:57.80	
							300m 3:14.25	
							325m 3:30.67	
							350m 3:47.08	
							375m 4:03.23	
							16.15	15.54
16	2	0	TEPLY Isabella	CLB	6 OCT 2007	0.73	4:18.93	703
			25m 14.02				50m 29.76	
							75m 45.43	
							100m 1:01.57	
							125m 1:17.76	
							150m 1:34.48	
							175m 1:51.06	
							200m 2:07.49	
							225m 2:24.05	
							250m 2:40.60	
							275m 2:57.09	
							300m 3:13.81	
							325m 3:30.36	
							350m 3:46.94	
							375m 4:03.25	
							16.31	15.68
17	1	4	VALKO Karolina Ann	SVK	17 JUN 2010	0.69	4:19.42	699
			25m 14.06				50m 29.59	
							75m 45.60	
							100m 1:01.83	
							125m 1:18.36	
							150m 1:34.69	
							175m 1:51.38	
							200m 2:08.00	
							225m 2:24.84	
							250m 2:41.46	
							275m 2:58.11	
							300m 3:14.61	
							325m 3:31.33	
							350m 3:47.98	
							375m 4:04.32	
							16.34	15.10
18	1	5	SAYBOLT Elanor	CLB	4 JAN 2009	0.81	4:21.92	679
			25m 14.58				50m 30.38	
							75m 46.69	
							100m 1:03.02	
							125m 1:19.53	
							150m 1:36.03	
							175m 1:52.63	
							200m 2:09.25	
							225m 2:25.84	
							250m 2:42.41	
							275m 2:59.21	
							300m 3:15.74	
							325m 3:32.45	
							350m 3:49.07	
							375m 4:05.95	
							16.88	15.97
19	1	2	LEDWITH Sabrina	CLB	20 APR 2008	0.77	4:25.48	652
			25m 14.34				50m 29.68	
							75m 45.65	
							100m 1:01.92	
							125m 1:18.52	
							150m 1:35.12	
							175m 1:51.81	
							200m 2:08.69	
							225m 2:25.77	
							250m 2:42.81	
							275m 2:59.91	
							300m 3:16.91	
							325m 3:34.11	
							350m 3:51.30	
							375m 4:08.83	
							17.53	16.65
20	1	6	REILLY Bridget	CLB	4 MAR 2008	0.66	4:26.48	645
			25m 14.39				50m 30.00	
							75m 45.84	
							100m 1:01.90	
							125m 1:18.08	
							150m 1:34.77	
							175m 1:51.53	
							200m 2:08.69	
							225m 2:25.68	
							250m 2:42.73	
							275m 2:59.82	
							300m 3:17.18	
							325m 3:34.59	
							350m 3:52.29	
							375m 4:09.79	
							17.70	16.69
21	1	7	MORRIS Haley	CLB	11 DEC 2010	0.68	4:26.73	643
			25m 14.52				50m 30.73	
							75m 46.98	
							100m 1:03.75	
							125m 1:20.55	
							150m 1:37.64	
							175m 1:54.56	
							200m 2:11.59	
							225m 2:28.64	
							250m 2:45.70	
							275m 3:02.83	
							300m 3:19.94	
							325m 3:36.95	
							350m 3:54.08	
							375m 4:10.97	
							17.13	16.89
22	2	5	DIACONESCU Rebecca	CLB	24 APR 2006		DNS	
22	2	8	GUERRERO CHO Sharon	MEX	10 SEP 2005		DNS	

Legend:

DNS Did Not Start **R.T.** Reaction Time **WC** World Cup Record **WR** World Record

Official Timekeeping by Omega